

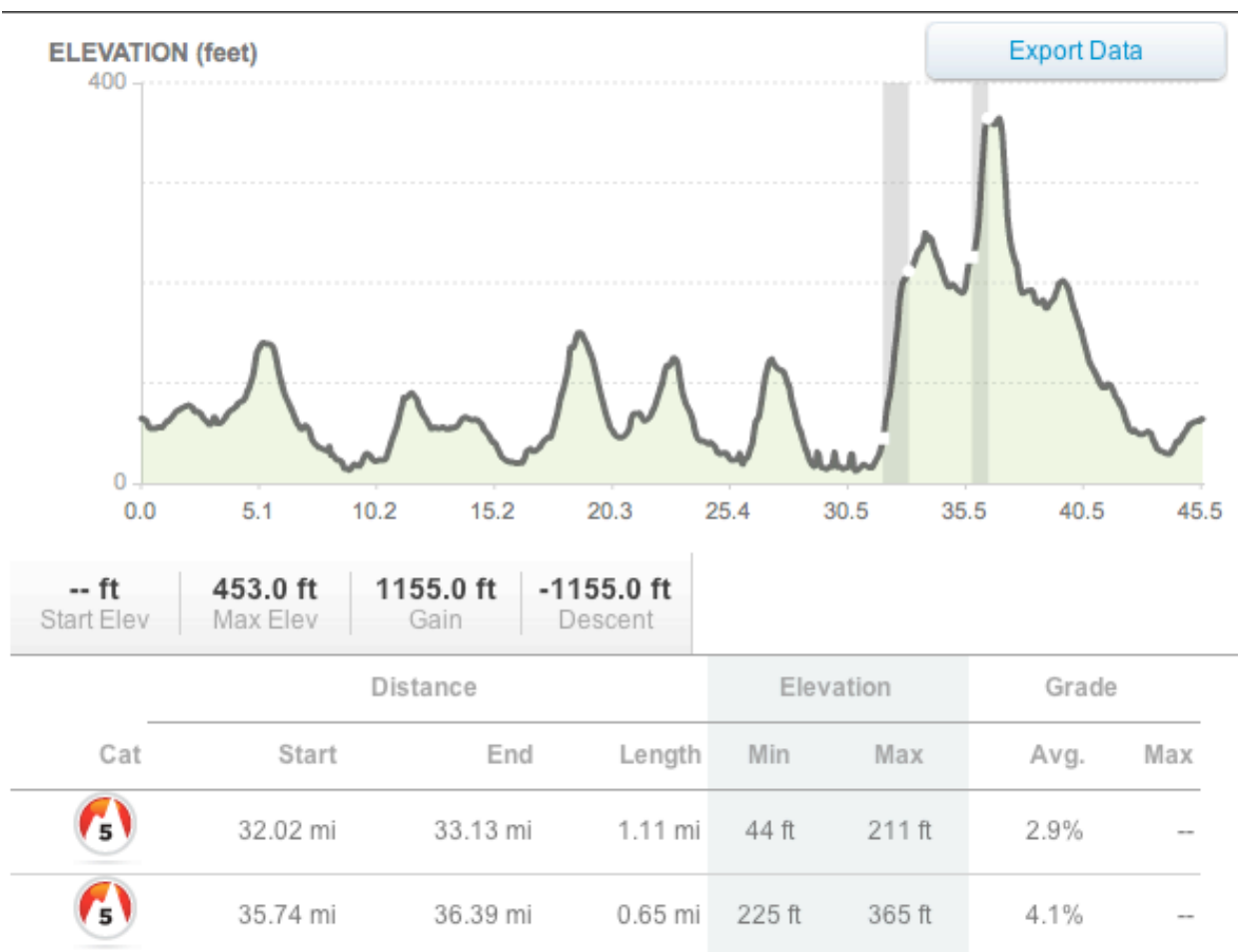
DESCRIPTION OF THIS BIKE RIDE

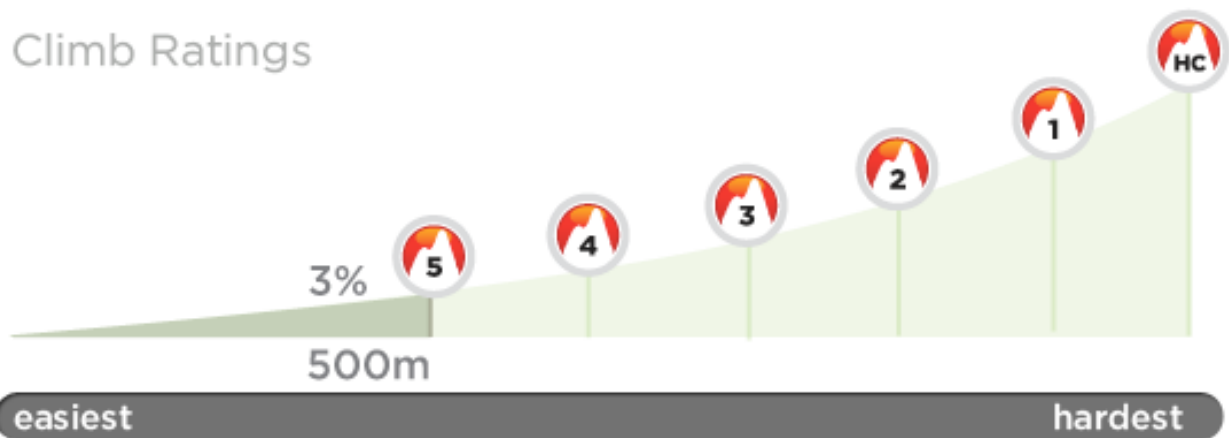
This is a 45.55 mi Bike Race Starting at Police Training Grounds. , ST. The Bike Race has a total ascent of 1,154.86 ft and has a maximum elevation of 452.76 ft. The route was mapped by Curtis McKay: "Wicked Man from Upper Gambles" on 05/13/2012.

The Race has 2 Category Five Climbs.



TERMINIX FOLLY HILL Bike Race 13 MAY 2012

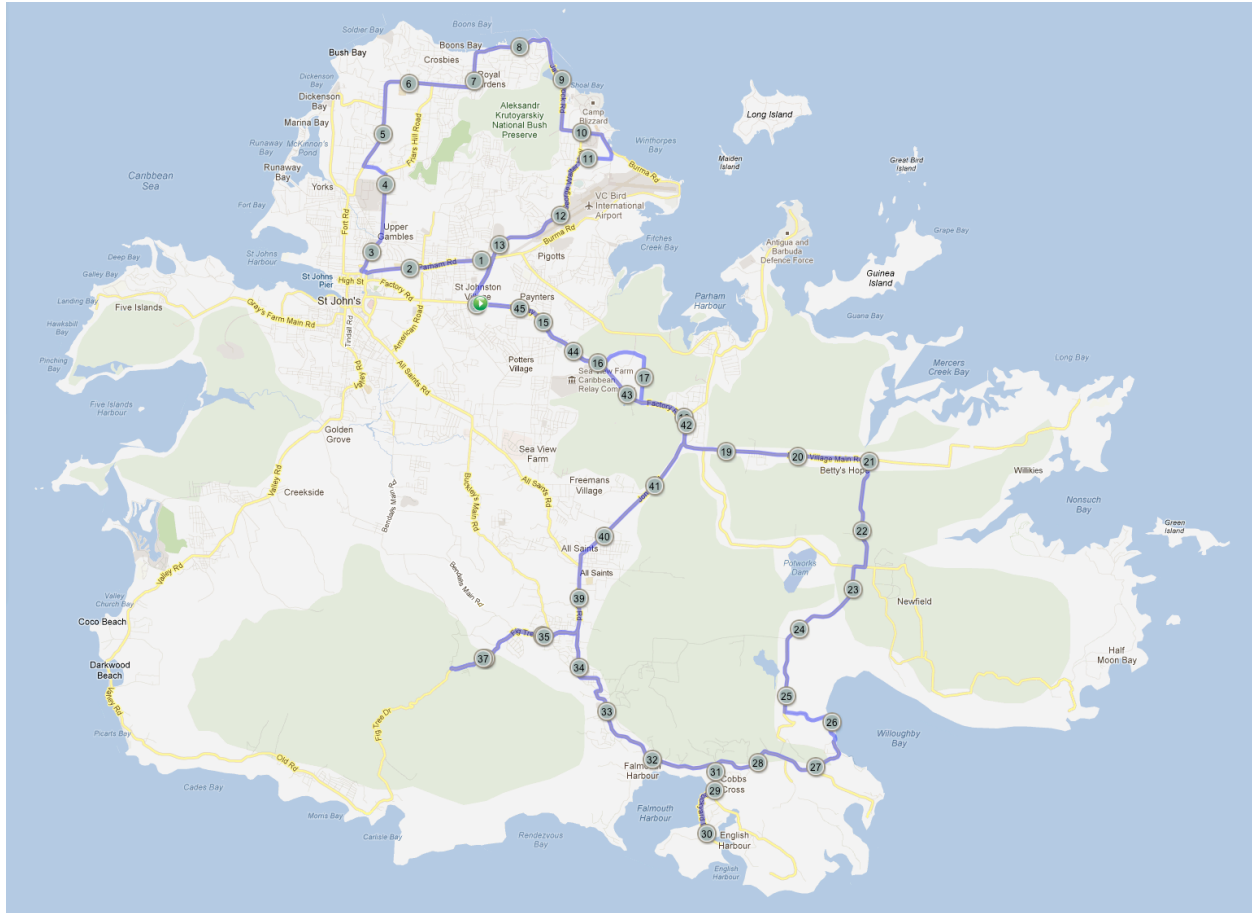




For any climb to be rated (receive a climb score/category) it must be at least **500 meters** in length with an average grade of **3% or more**.

All climb scores are based on distance, grade/elevation change, and maximum elevation. The combination of these factors drives all final climb categories and there is no subjective analysis used in the final scoring of any climb score. All other climbs that do not meet the criteria for HC to Cat 5 are simply too small to rate and can usually be crossed easily by bicycle, running, or walking.

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